

## **Peggy Mathews, Life Coach**

883 Supreme Court

Auburn, CA 95603

916.764.2203

*It's time to take the limits off!*

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### **Payment Agreement**

\_\_\_\_\_ *I agree to payment of \$90.00 for a 60-minute coaching session, due at the end of the session.*

\_\_\_\_\_ *Payments can be made by cash, check, or Venmo*

### **Coaching Agreement**

I understand that coaching is not psychotherapy.

I agree to be responsible for my own choices and decisions during our coaching work together.

I understand that life coaching is a comprehensive process that may involve all areas of my life, including work, finances, health, relationships, education, and recreation. I acknowledge that deciding how to handle these issues and implement my choices is exclusively my choice and responsibility.

I understand that I must consult with any psychotherapist I may currently be working with regarding the advisability of working with a life coach at this time.

I understand that information will be held confidential unless I state otherwise, in writing, as required by law.

I have read and agree with the above:

Name \_\_\_\_\_ Date \_\_\_\_\_

[peggymathews.com](http://peggymathews.com)